



Chronic Kidney Disease

Support Resources

If you or a loved one have been diagnosed with CKD, the following resources are available with information and support you may need to help you manage your CKD.

CKD Information and Resources

Mount Sinai

Health Library: Chronic Kidney Disease: <https://www.mountsinai.org/health-library/diseases-conditions/chronic-kidney-disease>

Treatment and Care for CKD: <https://www.mountsinai.org/care/nephrology/services/chronic-kidney-disease>

CKD Diet: <https://www.mountsinai.org/health-library/nutrition/diet-chronic-kidney-disease>

CKD Patient Education & Self-Management Resources: <https://mshp.mountsinai.org/web/mshp/for-ckd-patients>

CDC

Chronic Kidney Disease Initiative: <https://www.cdc.gov/kidneydisease/>

Kidney Resources for Diabetes Patients

National Institute of Diabetes and Digestive and Kidney Diseases: <https://www.niddk.nih.gov/>

Diabetic Kidney Disease: <https://www.niddk.nih.gov/health-information/diabetes/overview/preventing-problems/diabetic-kidney-disease>

National Kidney Foundation: [kidney.org](https://www.kidney.org)

Diabetes – A Major Risk Factor for Kidney Disease: <https://www.kidney.org/atoz/content/diabetes>

Preventing Diabetic Kidney Disease: 10 Answers to Questions:
<https://www.kidney.org/atoz/content/preventkiddisease>

Labs and Testing in CKD

National Kidney Foundation: [kidney.org](https://www.kidney.org)

Understanding Your Lab Values: <https://www.kidney.org/atoz/content/understanding-your-lab-values>

Estimated Glomerular Filtration Rate (eGFR): <https://www.kidney.org/atoz/content/gfr>

Tests to Measure Kidney Function: <https://www.kidney.org/atoz/content/kidneytests>