

Managing the Patient with Multiple Chronic Diseases:

Case Study Based Discussion

An accredited CME Event sponsored by Mount Sinai Health Partners and the Icahn School of Medicine at Mount Sinai

October 20, 2022

6:00 – 7:30 pm



Course Director

Arshad K. Rahim, MD, MBA, FACP
Senior Vice President and Chief
Medical Officer, Population Health
Mount Sinai Health System
Chief Medical Officer,
Mount Sinai Health Partners
Assistant Professor, Internal Medicine
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Icahn School of Medicine at Mount
Sinai

Provided by

Icahn School of Medicine at Mount
Sinai and Mount Sinai Health Partners

Course Description

The goal of this CME activity is to provide physicians and their clinical staff education on how to successfully manage patients with polychronic disease in the ambulatory setting, following best practices for screening and classification, treatment, and multi-disciplinary coordination and collaboration.

Target Audience

Primary and specialty care physicians, nurse practitioners, physician assistants, pharmacists, certified diabetes educators, and registered nurses

Learning Objectives

At the end of this CME activity, participants should be able to:

- Identify the leading clinical screening and classification, appropriate treatment, and follow-up and coordination considerations for patients with complex polychronic disease
- Identify the appropriate point in disease progression/complication to refer to specialist

- Describe the different assessment steps to identify a polychronic disease state patient
- Apply appropriate disease management techniques for patients with two or more chronic conditions
- Identify and recognize the appropriate time to refer patient to other resources (including care management and pharmacy support) to improve patient outcomes and patient satisfaction

Special Needs

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations, please contact the Page and William Black Post-Graduate School of Medicine at 212-731-7950.

Accreditation

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians

Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 1.5 *AMA PRA Category 1 Credit(s)*[™]

Faculty Disclosure

It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-accredited educational activities. All faculty participating in the planning or implementation of an activity accredited by ISMMS are expected to disclose all of their financial relationships with ineligible companies existing within the prior 24 months. Relevant financial relationships will be mitigated and disclosed to learners before the activity takes place. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

Verification of Attendance

Verification of attendance will be provided to all professionals

Meeting Location

Live via Zoom

Registration Information

Registration is complimentary

Conference Information

<http://mssm.cloud-cme.com>

Office of CME at 212-731-7950 or e-mail: cme@mssm.edu

Course Materials

Course materials, including the slide deck, recording, and supplementary materials are available on the [MSHP Condition Management Hub](#)

Agenda

Managing the Patient with Multiple Chronic Diseases

October 20, 2022

6:00 – 6:05 pm **Welcome and Opening**

Arshad Rahim, MD, MBA, FACP

Senior Vice President and Chief Medical Officer, Population Health
Mount Sinai Health System
Chief Medical Officer, Mount Sinai Health Partners
Assistant Professor, Internal Medicine and Hospital Medicine
Icahn School of Medicine at Mount Sinai

6:05 – 6:20 pm **Case Study Presentation**

Shirley Chen, MD

Clinical Assistant Professor, Medicine, General Internal Medicine
Icahn School of Medicine at Mount Sinai

6:20 – 7:20 pm **Audience Polling and Expert-Facilitated Group Discussion**

Led by **Arshad K. Rahim, MD, MBA, FACP** with **Shirley Chen, MD, Kathryn Dubowski, MD, and Jeffrey Olin, DO**

7:20 – 7:30 pm **Q&A and Close**

Arshad Rahim, MD, MBA, FACP

Senior Vice President and Chief Medical Officer, Population Health
Mount Sinai Health System
Chief Medical Officer, Mount Sinai Health Partners
Assistant Professor, Internal Medicine and Hospital Medicine
Icahn School of Medicine at Mount Sinai

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their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

Please find below the compiled information we have received on disclosure of relevant financial relationships from activity faculty and planners. **The following faculty/planners have reported that they have no relevant financial relationships to disclose:**

PLANNING COMMITTEE/FACULTY

Arshad K. Rahim, MD, MBA, FACP

Senior Vice President and Chief Medical Officer, Population Health
Mount Sinai Health System
Chief Medical Officer, Mount Sinai Health Partners
Assistant Professor, Internal Medicine and Hospital Medicine
Icahn School of Medicine at Mount Sinai
arshad.rahim@mountsinai.org

Lisa Bloch, MS

Senior Director, Provider Communications
Mount Sinai Health Partners
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COURSE FACULTY

The following faculty/planners have reported that they have no relevant financial relationships to disclose:

Shirley Chen, MD

Kathryn Dubowski, MD

Arshad Rahim, MD

The following faculty/planners have reported that they have relevant financial relationships to disclose:

Jeffrey Olin, DO

Consultant/Advisor (compensated service), Janssen Pharmaceuticals

EVALUATION/CME CERTIFICATE

The survey will be available to you after **October 28, 2022**. Your comments are essential for improving the effectiveness of Icahn School of Medicine at Mount Sinai's continuing medical education activities. The instructions to complete the conference evaluation and download your CME Certificate are below.

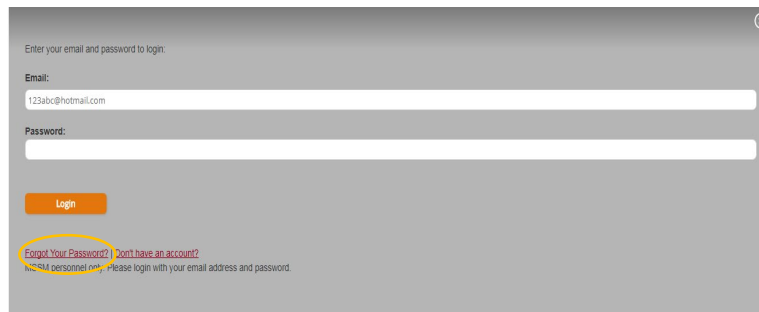
If you have any issues attaining your CME Certificate, please email cme@mssm.edu

Step 1: Visit our CME website at <https://mssm.cloud-cme.com>

Step 2: Click "Sign In" on the top left, and sign in using your email address and CloudCME profile password



Step 3: If you do not know your CloudCME profile password, click "Forgot Your Password?" link and you will receive an email with instructions to reset/create your password.



Step 4: Sign-in and click the "My CME" button on the top right



Step 5: Click "Evaluations and Certificates" - this will allow you to view evaluations that need to be completed.

MyCME

Instructions: Click a button to proceed.

