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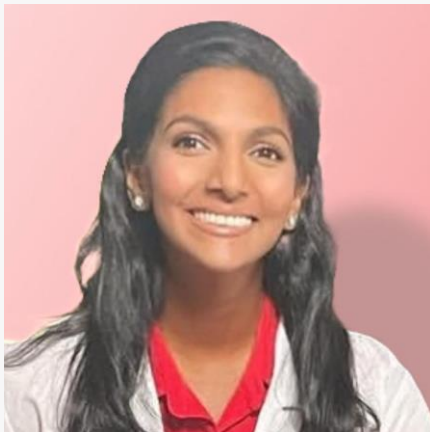
Clinically Integrated Network Newsletter

January 22, 2026

Congratulations to our newly-elected Board of Managers Members!

Thank you to all who participated in the Board of Managers nomination and election processes, and congratulations to our [new and returning members](#).

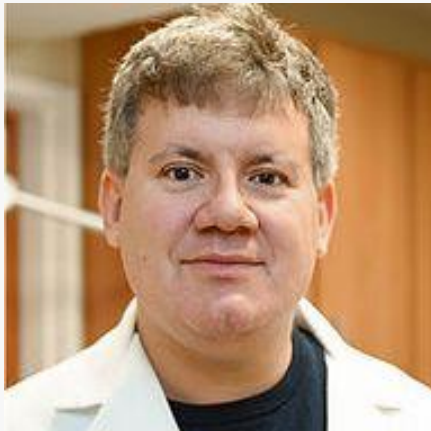
Please join us in recognizing your colleagues and their exceptional commitment to serve on our physician-led Board. We look forward to their participation on the Board to set MSHP policies and provide strategic direction for our clinically integrated network's value-based care programs.



Shirin Peters, MD
Voluntary Manhattan PCP



Bernard Schayes, MD
Voluntary Manhattan PCP



Jeffrey M. Weinberg, MD
Voluntary Manhattan
Specialist



Julie Fasano, MD
Employed, Any Specialty
Manhattan East Side



**Kristin L. Sticco, DO, MS,
FASCP**
Employed, Any Specialty
Non-Manhattan

Get involved with the Board of Managers

If you are interested in participating on one of the Board of Managers committees, please reach out to Jane Yap, Program Manager at jane.yap@mountsinai.org or 646-749-7247.

[Learn more about
the Board of
Managers](#)

Clinical Excellence

CDM Tip: New Year Reminders for Coding and Documentation

Annual Recapture

The CMS calendar resets every January 1st. This means that all active and chronic conditions must be assessed, documented and coded **at least once per calendar year**.

CDM Measures Included

Be sure to document and code confirmed diagnosis of:

- CHF
- DM with and without complications
- Severe/Morbid Obesity
- CKD – *be sure to document stage*
- COPD
- Dementia/Alzheimer's – *document severity if known*
- Major Depression – *document severity if known*
- Heart Arrhythmias

Visit Diagnosis/Progress Note

“Visit Diagnosis” should only include conditions **assessed or considered on the day of the visit** and must also be documented in the **progress note** either in the A/P and/or HPI.

Visit Diagnosis/Claim Counts

- Claim submissions only include the **first 12 conditions** listed in the visit diagnosis
 - Code **primary** and **most critical diagnoses** first to ensure they make it to claim
-

[Click here](#) for more **quick and actionable** tips to improve your performance on the Clinical Documentation Metrics (CDM) and Quality Performance Metrics (QPM) as part of the CI Program.

Take Action

Mandatory Reporting of Influenza Vaccine Status

The New York State Department of Health requires us to maintain documentation of the annual influenza vaccination status of providers affiliated with the Mount Sinai Health System (MSHS).



If you are required to report your influenza vaccine status and haven't yet, we notified you on **January 22**. If you did not receive an email from us, you have either already reported or are not required to report.

Reporting is mandatory whether you are vaccinated or require an exemption. To maintain any privileges at MSHS, you must report proof of influenza vaccination or declination of the influenza vaccination by January 31, 2026. Failure to report by this date will result in suspension of membership and/or clinical privileges.

Please refer to the email you received on January 22 for instructions on how to submit documentation of your influenza vaccine to Employee Health Services or to decline the vaccine. This must be done via the provided link. Do not send documentation directly to MSHP.

If you are unsure if you need to report your vaccine status, please [email us](#).

Need to Know

Mount Sinai Contract Updates

Unfortunately, despite months of good-faith discussions, Anthem has not agreed to terms that would preserve in-network access to Mount Sinai's physicians and services, and our contract for the below Anthem plans has expired.

- Commercial
- Child Health Plus
- Medicaid (including HARP and MLTC/MAP)
- Essential Plans 1-5

Since January 1, Mount Sinai's employed physicians and MSHP CIN voluntary physicians are out of network for Anthem members. You are also out of network for commercial patients with Horizon BCBS of New Jersey.

Beginning Sunday, March 1, Mount Sinai facilities will also be out of network for Anthem members if no agreement is reached.

We remain at the table with Anthem, committed to negotiating through the terms of a new agreement that restores in-network access for some or all commercial or Medicaid plans.

Next Payer Contracts Town Hall: Tuesday, January 27, 6:00 pm

As Mount Sinai's out-of-network period with Anthem Blue Cross Blue Shield continues, we are scheduling a follow-up physician town hall to provide the latest updates about our negotiation and what it means for you and your patients.

Please make every effort to attend this meeting, as we will provide important updates and outline actions to take.

January 27, 6:00 pm

[Click here to join](#)

Password: 848814

Extension for Patients Covered by 32BJ SEIU, Milbank, and Paul, Weiss

As a result of prior relationships with 32BJ SEIU, Milbank, and Paul, Weiss we have been able to extend our physician in-network access to their employees and covered dependents with Anthem insurance until Sunday, March 1. This means you can continue to provide care as you normally would during this time. We recommend holding claims for these three employers while we finalize the processing details. We'll be in touch as soon as we have an update.

For more information, please refer to [this communication](#) sent on January 22.

Coming Soon: January Patient Opportunity Reports

Voluntary PCPs and pediatricians in our network will receive customized patient opportunity reports in their One Drive accounts next week.

These reports include patient-level information on care gaps and can be used to **identify cohorts of patients that need visits to re-engage in care, close quality care gaps, and/or manage and document chronic conditions**. Please be sure to use these reports for effective patient outreach in Q1.

Now Available: 2026 Contracts and Laboratory Quick Guides

The [CIN Rates and Value-Based Contracts Quick Guide](#) and [Laboratory Quick Guides](#) have been updated for 2026. They are also available on the [Provider Portal](#).

2026 CIN Rates and Value-Based Contracts Quick Guide

Mount Sinai Health Partners contracts with payers to better align payment models with our collective efforts to improve the value of care delivered by our Clinically Integrated Network (CIN).

Please note that MSHP CIN may not participate with all products offered by a health plan. Your participation with products not contracted by MSHP CIN may be terminated by the health plans when you join the MSHP CIN. This same issue may also arise if your office elects not to opt in to any optional health plan offerings under our Messenger Model agreements. Health Plans at any time, for any reason may take opportunities to reevaluate their networks and elect to remove physicians who have their own direct agreements.

Health Plan	Community Physician FFS Rates	Value-Based (for PCPs only)	Credentialing Delegation
Aetna Commercial	☒	☒	☒
Aetna Medicare Advantage	☒	☒	☒
Anthem BlueCross BlueShield Commercial	Under Negotiation	Under Negotiation	Under Negotiation
Anthem BlueCross BlueShield Medicaid	Under Negotiation	Under Negotiation	Under Negotiation
Centivo	☒	☒	☒
Cigna Commercial	☒	☒	☒
EmblemHealth/GHI Medicare & Commercial	☒	Under Negotiation	☒
EmblemHealth/HP Commercial, Medicare, Medicaid	☒	Under Negotiation	☒
Oscar Commercial	☒	☒	☒
United/Oxford Commercial	☒	☒	☒

Notes

- Participation with the following products is via Messenger Model contract for MSHP CIN members – meaning CIN members must opt in/choose to participate: Anthem BlueCross BlueShield Medicaid (in negotiation), EmblemHealth/GHI Commercial, EmblemHealth/HP Medicaid.
- Anthem Blue Cross Blue Shield Commercial and Medicaid are non-pat effective 1/1/2026 with no guarantee of being retroactively paid if an agreement is reached.
- All of the above is subject to change.

Have questions?

Your Population Health Manager and/or Population Health Specialist are available to answer any questions you may have. Feel free to also contact us at msph@mounsinai.org.



Last updated: January 2026



2026 Preferred Laboratories Quick Guide

Every dollar counts for your patients. That's why we want to remind you of a sure way to help reduce out-of-pocket costs for your patients — choosing in-network laboratories. Please use payer preferred laboratories when requesting lab services.

Payer	Preferred Labs
Aetna Commercial and Medicare Advantage	BioReference Laboratories Inc., LabCorp, Quest Diagnostics
Anthem/Emblem BlueCross BlueShield Commercial, and Medicaid	ACM Medical Laboratory, Lab Alliance of Central New York, LLC, LabCorp, Quest Diagnostics
Centivo	LabCorp, Quest Diagnostics
Cigna Commercial	LabCorp, Quest Diagnostics
EmblemHealth ¹	Accu Reference, BioReference, Empire City Lab, Lab Alliance of Central New York, LabCorp, Quest Diagnostics, Sherman Abrams. ¹ These lab vendors are not available for all specialty services such as dialysis
Mount Sinai Health System Employee Health Benefit Plan Administered by UMR, a division of United Healthcare	LabCorp
Mount Sinai South Nassau Employee Health Benefit Plan Administered by Aetna ²	LabCorp, Mount Sinai South Nassau Laboratory, Quest Diagnostics
Oscar Commercial	BioReference, LabCorp, Quest Diagnostics
United/Oxford Commercial ³	Aegio Sciences Corporation, AmeriPath Inc., Clinical Pathology Laboratories, Inc., LabCorp, Millennium Health LLC, Myriad Genetic Laboratories, Inc., Natera, Inc., Neogenomics Laboratories, Inc., Quest Diagnostics

Have questions?

Your Population Health Manager and/or Population Health Specialist are available to answer any questions you may have. Feel free to also contact us at msph@mounsinai.org.

Visit www.biorreference.com, [labcorp.com](https://www.labcorp.com), and [questdiagnostics.com](https://www.questdiagnostics.com) to learn more.

¹ The above listed labs cover routine clinical laboratory services. For specialty lab services, visit [emblemhealth.com/providers/insurancesourcesbooks/network-laboratory-services-for-all-payer-members](https://www.emblemhealth.com/providers/insurancesourcesbooks/network-laboratory-services-for-all-payer-members).

² For Mount Sinai South Nassau, visit One Healthy Way, Oceanside, NY 11572 or call 516-632-3931. Mount Sinai South Nassau Lab is preferred. If not available, use Aetna's contracted laboratories as in-network but not top tier.

³ Please go to [univisprovider.com/referral-a-provider-referral-directory/preferred-lab-network.html](https://www.univisprovider.com/referral-a-provider-referral-directory/preferred-lab-network.html).

Last updated: January 2026

Annual Wellness Benefit

There are two important updates to the annual wellness benefit for Mount Sinai employees and their dependents covered by the Mount Sinai UMR benefits program.

No more waiting a full year

Our UMR-covered employees do not need to wait a full 365 days between wellness visits, so they can schedule their next visit right now.

Deadline

To reduce their payroll deduction premium for next year, all current employees (and those who join by May 31) must complete their annual wellness visit by **Sunday, August 31**. We are encouraging them to schedule their appointments with you now to ensure they get a spot before the deadline.

[Click here](#) for more information.

Upcoming CME Activity: State-of-the-Art Rheumatology For PCPs

The Department of Medicine at the Icahn School of Medicine at Mount Sinai, Division of Rheumatology is hosting a live CME activity on Friday, **February 6** at Mount Sinai West.

This one-day course of panel discussions aimed at primary care practitioners, nurse practitioners, and physician assistants to provide readily available, timely, and standardized training in the diagnosis and management of rheumatic diseases while entering into collaborative practice with rheumatologists.

[Click here](#) to learn more and register. MSHP physicians qualify for the MSHS physician discounted rate of \$150.

Simplify Vaccines with VaxCare

VaxCare's fully integrated platform eliminates inventory purchasing, manual work, and financial risk while providing visibility into every step of the process. It's a plug-and-play solution for standardization across your primary care locations.

Some of the benefits you can experience with VaxCare are:

- No-cost vaccine procurement
- Vaccine workflow automation
- Vaccine management
- Improved vaccination economics
- Turn-key adherence programs

To learn more about getting started, you can visit vaxcare.com or email them at hello@vaxcare.com.

Payer Updates

EmblemHealth Provider Newsletter

EmblemHealth shared their [January provider newsletter](#), which contains additional information on the [NYCE PPO Plan](#).

Reminders

Flu, COVID-19, and RSV Vaccine Guidelines

As HHS Secretary Robert F. Kennedy Jr. continues to demolish the established vaccine guidelines of the HHS/CDC against the recommendations of the American and international scientific community, we continue to pass along evidence-based guidelines still recommended from the vast majority of health organizations.

Specifically, recently the CDC has slashed recommendations for children's vaccines, contrary to the AAP, IDSA, and NYS-endorsed pediatric immunization schedule linked below, which has not changed. AAFP vaccine recommendations for adults also have not changed.

Finally, since we are in the midst of one of the worst flu seasons in decades, we still recommend continuing to encourage your patients to receive the flu vaccine, which has been proven to decrease severe disease and hospitalizations.

Some of our pediatric clinics have used the following bullet points to combat the vaccine schedule changes, which you may use with your patients:

- Changes to the childhood vaccine schedule are usually made only after intensive review of new evidence and expert opinion – this has not been the case with these recent recommendations. The CDC's updates are not due to any new information about the importance of vaccines or their safety.
- New York State, New York City, the American Academy of Pediatrics, and Mount Sinai all **recommend continuing to follow the full vaccination schedule** which has been proven to provide the best protection against serious diseases.

- All vaccines remain available to your family. **Insurance coverage for vaccines has not changed.**

Guidance from the American Academy of Pediatrics (AAP)

[Click here](#) for AAP's full immunization guidelines.

Guidance from the American Academy of Family Physicians (AAFP)

[Click here](#) for AAFP's full immunization guidelines.

2026 Top Tier Network Guides

Mount Sinai continues to offer Mount Sinai Health System and Mount Sinai South Nassau faculty, staff, and their eligible dependents access to a Top Tier network in 2026 at a level of coverage that has the least out-of-pocket cost for quality healthcare service. For more information, please refer to the email you received on [December 11](#).

Welcome New Members

Primary Care

Karthik Karibandi, MD
Family Medicine
City Care Family Practice, PC
New York, NY

John Steever, MD
Adolescent Medicine
Proteus Medical PC
New York, NY

Specialty Care

Scott Barbash, MD
Orthopaedic Surgery
The Central Orthopedic Group
Plainview, NY

Oluchi Nwosu, MD
Obstetrics & Gynecology
Goncharov Medical PC
New York, NY

William Facibene, MD

Orthopaedic Surgery, Hand Surgery
The Central Orthopedic Group
Plainview, NY

Linda Goldstein, AuD

Audiology
ENT and Allergy Associates
Tarrytown, NY

Shazaan Hushmendi, MD

Orthopaedic Surgery
The Central Orthopedic Group
Plainview, NY

Jordan Kerker, MD

Orthopaedic Surgery
The Central Orthopedic Group
Plainview, NY

Mitchell Keschner, MD

Orthopaedic Surgery
The Central Orthopedic Group
Plainview, NY

Yohan Lee, MD

Physical Medicine & Rehabilitation
The Central Orthopedic Group
Plainview, NY

David Lehmann, MD

Otolaryngology
ENT and Allergy Associates
Hoboken, NJ

Jonathan Mallen, MD

Physical Medicine & Rehabilitation
The Central Orthopedic Group
Plainview, NY

Ellen Marmur, MD

Dermatology

Brianna Olamiju, MD

Dermatology
Spring Street Dermatology
New York, NY

Crispin Ong, MD

Sports Medicine
The Central Orthopedic Group
Plainview, NY

Emma Raccaro, PT

Physical Therapy
Zion Wellness PT PC
New York, NY

Daniel Seidman, MD

Orthopaedic Surgery
The Central Orthopedic Group
Plainview, NY

Araj Sidki, DO

Physical Medicine & Rehabilitation
The Central Orthopedic Group
Plainview, NY

Scott Silverberg, MD

Orthopaedic Surgery
The Central Orthopedic Group
Plainview, NY

James Small, DPM

Podiatry, Foot & Ankle Surgery
Starrett Podiatry, LLC
Brooklyn, NY

Teresa Song, MD

Dermatology
Marmur Dermatology & Cardiology,
PLLC
New York, NY

Michael Tee, MD

Marmur Dermatology & Cardiology,
PLLC
New York, NY

Santosh Mathen, MD
Orthopaedic Surgery
The Central Orthopedic Group
Plainview, NY

Erika Moran, PT
Physical Therapy
Zion Wellness PT PC
New York, NY

Ethan Moritz, MD
Otolaryngology
ENT and Allergy Associates
Woodbury, NJ

Dermatology
Tono Medical Services P.C.
Brooklyn, NY

Rachel Westbay, MD
Dermatology
Marmur Dermatology & Cardiology,
PLLC
New York, NY

Caroline Wilkowski, PT
Physical Therapy
Zion Wellness PT PC
New York, NY

Advanced Practice Providers

Cody Archibald, PA
Bobby Buka MD, PC
New York, NY

Caroline Briglio, PA
The Central Orthopedic Group
Plainview, NY

Bryan Cabrera, PA
The Central Orthopedic Group
Plainview, NY

Donna Capasso, PA
ENT and Allergy Associates
New Hyde Park, NY

Shmuel Rappaport, PA
Igor Rubinshteyn MD, PC
Brooklyn, NY

Michael Roemer, PA
The Central Orthopedic Group
Plainview, NY

ToniAnn Savage, NP
ENT and Allergy Associates
Islandia, NY

Frank Smith, PA
The Central Orthopedic Group
Plainview, NY

Jordan Smith, CNM
Goncharov Medical PC
New York, NY

Bridget Whalen, PA
The Central Orthopedic Group
Plainview, NY

If you have any questions about any of our announcements, please contact your Population Health Manager, email Mount Sinai Health Partners at mshp@mountsinai.org or call us at 877-234-6667.

Contact Us

P: 877-234-6667

F: 646-537-1481

MSHP@mountsinai.org
[Provider Engagement Team](#)



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