



If you or a loved one have been diagnosed with heart failure, the following resources are available with information and support you may need to help you manage your condition.

Heart Failure Information and Resources

Mount Sinai

Heart Failure Overview: www.mountsinai.org/health-library/diseases-conditions/heart-failure-overview

Heart Failure Signs and Symptoms: www.mountsinai.org/health-library/condition/heart-failure

Heart Failure Medicines: www.mountsinai.org/health-library/discharge-instructions/heart-failure-medicines

Heart Failure Home Monitoring: www.mountsinai.org/health-library/selfcare-instructions/heart-failure-home-monitoring

Heart Guide:

https://mshp.mountsinai.org/documents/742375/0/Engl+HF_guide_v5_c+1216+sml+nb+%281%29.pdf/374472b2-43dd-2640-de6c-f951999487fa?t=1604437006136

American Heart Association

Warning Signs of Heart Failure: www.heart.org/en/health-topics/heart-failure/warning-signs-of-heart-failure

Treatment Options for Heart Failure: www.heart.org/en/health-topics/heart-failure/treatment-options-for-heart-failure

Living with Heart Failure and Managing Advanced Heart Failure: www.heart.org/en/health-topics/heart-failure/living-with-heart-failure-and-managing-advanced-hf

Heart Failure Tools and Resources: www.heart.org/en/health-topics/heart-failure/heart-failure-tools-resources