

# Frontline Excellence in Ambulatory Chronic Disease Management

*An accredited CME Event sponsored by Mount Sinai Health Partners and the Icahn School of Medicine at Mount Sinai*

## Module 1: CHF and Diabetes



November 11, 2020 | 6:00 – 7:30 pm | Live via Zoom

### Course Director

Arshad K. Rahim, MD, MBA, FACP  
Vice President, Clinical Integration,  
Network Development & Population  
Health  
Mount Sinai Health Partners

### Provided by

Icahn School of Medicine at Mount  
Sinai and Mount Sinai Health Partners

### Course Description

The goal of this CME activity is to provide physicians and their clinical staff education on how to successfully manage heart failure patients and diabetes mellitus patients in the ambulatory setting, following best practices for classification, medication management, and multi-disciplinary collaboration.

### Target Audience

Primary care physicians, cardiologists, endocrinologists, nurse practitioners, physician assistants, pharmacists, certified diabetes educators, and registered nurses

## Learning Objectives

At the end of this CME activity, participants should be able to:

- Outline optimal ambulatory management and medication considerations for each disease state (diabetes and CHF)
- Recognize the value of multidisciplinary teamwork to optimize disease management for diabetes and CHF
- Understand management consideration for CHF sub-types (HFrEF, HFpEF, RHF)
- Outline appropriate usage and considerations for diabetic medications

## Special Needs

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations, please contact the Page and William Black Post-Graduate School of Medicine at 212-731-7950.

## Accreditation

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians

## Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 1.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>

## Faculty Disclosure

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.

## Verification of Attendance

Verification of attendance will be provided to all professionals.

## Meeting Location

Live via Zoom

## Registration Information

Registration is complimentary

## Conference Information

<http://mssm.cloud-cme.com>

Office of CME at 212-731-7950 or e-mail: [cme@mssm.edu](mailto:cme@mssm.edu)

## Course Materials

Course materials, including the slide deck, recording, and supplementary materials are available on the [MSHP Condition Management Hub](#).

# Agenda

## Frontline Excellence in Ambulatory Chronic Disease Management: Module 1: CHF and Diabetes

**November 11, 2020**

**6:00-6:05 pm**    **Welcome and Opening**

**Robert W. Fields, MD, MHA**  
SVP and Chief Medical Officer,  
Mount Sinai Health Partners

**Arshad Rahim, MD, MBA, FACP**  
Vice President, Clinical Integration, Network Development & Population  
Health  
Assistant Professor, Hospital Medicine  
Mount Sinai Health System

**6:05 – 6:35 pm**    **Classifying, Managing and When to Refer for Heart  
Failure**

**Donna M. Mancini, MD**  
Professor of Medicine, Cardiology, Population Health Science and Policy  
Icahn School of Medicine at Mount Sinai

**6:35 – 6:45pm**    **Audience Q&A**

**6:45 – 7:15 pm**    **Medication Management in Diabetes Type II and  
Newer Medication Options, Including Cardiac  
Benefits**

**David W. Lam, MD**  
Assistant Professor of Medicine  
Department of Medicine, Endocrinology, Diabetes and Bone Disease  
Icahn School of Medicine at Mount Sinai

**7:15 – 7:30 pm**    **Audience Q&A**

# FACULTY DISCLOSURE

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Please find below the compiled information we have received on disclosure of relevant financial relationships from activity faculty and planners. **The following faculty/planners have reported that they have no relevant financial relationships to disclose:**

## PLANNING COMMITTEE/FACULTY

### **Arshad K. Rahim, MD, MBA, FACP**

Vice President, Clinical Integration, Network Development & Population Health  
Assistant Professor of Medicine  
Mount Sinai Health Partners, Mount Sinai Health System  
[arshad.rahim@mountsinai.org](mailto:arshad.rahim@mountsinai.org)

### **Lisa Bloch, MS**

Senior Director, Provider Communications  
Mount Sinai Health Partners  
[lisa.bloch@mountsinai.org](mailto:lisa.bloch@mountsinai.org)

## COURSE FACULTY

### **Donna M. Mancini, MD**

Professor of Medicine, Cardiology, Population Health Science and Policy  
Icahn School of Medicine at Mount Sinai

### **David W. Lam, MD**

Assistant Professor of Medicine  
Department of Medicine, Endocrinology, Diabetes and Bone Disease  
Icahn School of Medicine at Mount Sinai

**The following faculty/planners have reported that they have relevant financial relationships to disclose:**

None

## EVALUATION/CME CERTIFICATE

Your comments are essential for improving the effectiveness of Icahn School of Medicine at Mount Sinai's continuing medical education activities. The instructions to complete the conference evaluation and download your CME Certificate are below.

If you have any issues attaining your CME Certificate, please email [cme@mssm.edu](mailto:cme@mssm.edu)

Step 1: Visit our CME website at <https://mssm.cloud-cme.com>

Step 2: Click "Sign In" on the top left, and sign in using your email address and CloudCME profile password



Step 3: If you do not know your CloudCME profile password, click "Forgot Your Password?" link and you will receive an email with instructions to reset/create your password.



Step 4: Sign-in and click the "My CME" button on the top right



Step 5: Click "Evaluations and Certificates" - this will allow you to view evaluations that need to be completed.

