



## Behavioral Health Telemedicine Visits Ending Dates

Due to COVID-19, the following plans are temporarily covering behavioral health telemedicine visits. The chart below provides the dates for when the plans will end cost-sharing waivers for behavioral health telemedicine visits.

**Please note this information is subject to change. Visit the plan’s website for the latest information.**

Plan	Behavioral Health Telemedicine Cost Share Waiver End Date	Resources
Aetna	9/30/20	<a href="#">Aetna COVID-19: Telemedicine FAQs</a>
Cigna	7/31/20	<a href="#">Cigna's response to COVID-19</a>
Empire BCBS*	12/31/20	Commercial: <a href="#">Provider News Home</a> Medicare: <a href="#">Important Medicare Advantage Updates</a>
Oscar	No end date at this time	<a href="#">Oscar Provider Resources</a>
Optum	7/24/20	<a href="#">Optum Provider Express IOP/PHP Telehealth Policy Updates</a>  <a href="#">Optum Provider Express COVID-19 Updates</a>
UnitedHealthcare / UMR	7/24/20	<a href="#">Optum Provider Express IOP/PHP Telehealth Policy Updates</a>  <a href="#">Optum Provider Express COVID-19 Updates</a>

\*Empire BCBS reimbursed mental health visits via telehealth prior to COVID-19 depending on member benefit as well as appropriate billing per the reimbursement policy. Due to COVID-19, Empire is allowing telehealth/telemed services regardless of coverage and cost share.

**Questions?** Contact your Provider Engagement Manager, email us at [mshp@mountsinai.org](mailto:mshp@mountsinai.org), or call us at 877-234-6667